

# BCM पत्रिका

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पाक्षिक समाचार पत्र (VOL.19)



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सौम्यता उनकी सुगंध और मधुर उनका व्यवहार था।  
सत्कर्म उनकी शोभा और परोपकार उनका कर्तव्य था।  
सत्य की राह पर जो चलते थे, आनंद उनका जीवन था।  
हृदय था उनका कोमल और विशाल,  
वे थे महानुभाव महात्मा सत्यानंद जी मुंजाल।



In the loving memory of our beloved Bauji





# TEEN ENTREPRENEUR AWARD CEREMONY



**Felicitating the budding entrepreneurs**





# FRUITY FRUIT PARTY

A cluster of colorful fruits including a bunch of purple grapes, a yellow banana, a red apple, an orange, and a green pear.

**Fruits.....a fuel for the body**







**Our School is committed to equip its students with Life Skills to deal with life's challenges and has adopted SCHOOL CINEMA, a film-based learning module by LXL Ideas that makes learning lessons of life an entertaining experience. It reaffirms life-skills & values and helps strengthen bonds between students, parents and educators through award-winning films, thought-provoking workbooks and activities. Children respond and internalize key messages when immersed in School Cinema. This experience is carried forward off the screen where they are engaged with well-researched workbooks.**

**School Cinema has films covering more than 130 Lessons of life. Some of the topics that are covered are Empathy for parents, Communication with parents, Compassion, Dealing with addiction to technology, Staying motivated, Understanding one's abilities, Kindness, Contentment, Respect, Honesty, Dealing with bullying, Unity, Dealing with competition, Value of money, Perseverance, etc.**

**Benefits of School Cinema:**

- \*Teaches valuable lessons in life**
- \*Enhances decision-making in children**
- \*Promotes assertiveness & empathy**
- \*Students appreciate good media & films**
- \*Sharpens parenting & teaching skills**
- \*Adults understand children better**
- \*Brings parents into the circle of learning**
- \*Enables holistic assessment**
- \*Internalizes issue-based learning**
- \*Creates a safe and healthy learning environment**





# Parents' Corner

ਸਿੱਖ ਇਤਿਹਾਸ ਦੇ ਮਹਾਨ ਦਸ ਗੁਰੂ ਸਾਹਿਬਾਨਾਂ ਦੇ ਵਿੱਚੋਂ ਪੰਜਵੇਂ ਪਾਤਸ਼ਾਹ ਸ੍ਰੀ ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਦੀ ਸੰਪਾਦਨਾ ਕੀਤੀ। ਉਨ੍ਹਾਂ ਨੇ ਭਾਈ ਗੁਰਦਾਸ ਜੀ ਤੋਂ ਪਹਿਲੇ ਚਾਰ ਗੁਰੂ ਸਾਹਿਬਾਨਾਂ ਦੀ ਬਾਣੀ ਨੂੰ ਇਸ ਵਿੱਚ ਦਰਜ ਕਰਵਾਇਆ। ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਦੇ ਪਵਿੱਤਰ ਸਰੂਪ ਨੂੰ 1604ਈਸਵੀ ਵਿੱਚ ਹਰਿਮੰਦਰ ਸਾਹਿਬ ਵਿੱਚ ਸ਼ਸ਼ੇਭਿਤ ਕੀਤਾ ਗਿਆ ਅਤੇ ਬਾਬਾ ਬੁੱਢਾ ਜੀ ਨੂੰ ਇਸਦੇ ਪਹਿਲੇ ਗ੍ਰੰਥੀ ਬਣਾਇਆ ਗਿਆ। ਪੰਨ ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਦੇ ਬਾਰੇ ਕੁੱਝ ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ :-

- |  |          |
|--|----------|
| 1 ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਦੇ ਕੁੱਲ ਪੰਨੇ       | 1430     |
| 2 ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਵਿੱਚ ਕੁੱਲ ਸ਼ਬਦ     | 2026     |
| 3 ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਦੇ ਕੁੱਲ ਰਾਗ        | 31       |
| 4 ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਵਿੱਚ ਕੁੱਲ ਅਸਟਪਦੀਆਂ | 305      |
| 5 ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਵਿੱਚ ਕੁੱਲ ਵਾਰਾਂ    | 22       |
| 6 ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਵਿੱਚ ਕੁੱਲ ਪੌੜੀਆਂ   | 471      |
| 7 ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਵਿੱਚ ਕੁੱਲ ਸਲੋਕ     | 664      |
| 8 ਕਿੰਨੇ ਗੁਰੂ ਸਾਹਿਬਾਨ ਦੀ ਬਾਣੀ ਦਰਜ ਹੈ      | 6        |
| 9 ਕਿੰਨੇ ਸਿੱਖਾਂ ਦੀ ਬਾਣੀ ਦਰਜ ਹੈ            | 3        |
| 10 ਕਿੰਨੇ ਭਗਤਾਂ ਦੀ ਬਾਣੀ ਦਰਜ ਹੈ            | 15       |
| 11 ਕਿੰਨੇ ਭੱਟਾਂ ਦੀ ਬਾਣੀ ਦਰਜ ਹੈ            | 11       |
| 12 ਕੁੱਲ ਕਿੰਨੇ ਛੰਦ ਹਨ                     | 145      |
| 13 ਪਹਿਲਾ ਰਾਗ ਕਿਹੜਾ ਹੈ                    | ਸਿਰੀ ਰਾਗ |
| 14 ਆਖਰੀ ਸ਼ਬਦ ਕਿਹੜਾ ਹੈ                    | ਜੈਜਾਵੰਤੀ |

Ms. Aman Ubhi  
M/o Jashanjeet Singh  
IX Jasmine

# Teachers' Corner

आज कल मुझे शून्य बड़ा भाता है  
ना वो नेगेटिव है ना वह पॉजिटिव है  
बस यूनिक्स नंबर कहलाता है।  
अपने आप में कुछ भी नहीं  
और किसी के पीछे लग कैसे कीमत बढ़ाता है।  
खुद पर ही इतराता है और कतार में पीछे खड़े होकर  
मंद मंद मुस्कुराता है। जीवन में कभी ना अहम करने का पाठ पढ़ाता है,  
आजकल मुझे शून्य बड़ा भाता है।  
जीवन में आगे रहना तो क्या बात है  
पर पीछे रहकर अपनी कीमत बतलाता है।  
जी हाँ दोस्तों ,आजकल मुझे शून्य बड़ा भाता है.....।

Ms. Harpreet Kaur  
TGT (Maths)





# Students' Corner

## ALL THOSE DAYS

Sometimes I just remember all those days,  
When we ate each other's lunch forgetting those bad yesterday's.  
We fight , we played , we remember all those funny face  
And then we grew up just memorizing all that craze.  
Those days were so realistic that living them was just too fun  
Beating each other's and all we just look up and run.  
Some friends were real some were so fake.  
Sometimes I just remember all those caring days,  
We literally ate each other's empty minds just like the cattle's gaze.  
No body can thus feel all those memories,  
Those all were just like the gone haze.  
Those all emotions were so real,  
That only just we can feel with a little gaze.  
Sometimes I just remember all those days,  
Sometimes I just remember all those days.

Pari Guglani  
IX Daisy

## Amazing Facts

- At over 19,300 feet, the Ladakh road is the highest motorable road in the world.
- India has 22 recognized languages. Sanskrit is considered the oldest language in the world; the mother of all languages. Every hindu book is written in sanskrit.
- The village of Shani Shingnapur is famous for not having a door or lock on a single house beyond that, there has not been a record of a criminal act for almost 400 years.
- "Indian Food" has become one of the cuisines in the world.





# Students' Achievement



**“Things work out best for those who make the best of how things work out.”**

## Success Saga of Bcmities

### National Level IT Competition SPECTRA- 2022

STUDENT NAME	CLASS	EVENT	POSITION
HARSIMRAN SINGH	XII- ARTS B	LOGO DESIGNING	I
LOVEPREET SINGH & GAGANDEEP SINGH	XII - ARTS B	PHOTOGRAPHY	I

### Tao National School League

STUDENT NAME	CLASS	CATEGORY	POSITION
RAVNEET KAUR	VII LILY	BHANGRA DANCE	I
JAPLEEN KAUR	IV DAISY	ENGLISH QUIZ	II
KIRATPREET KAUR	III ROSE	DANCE	II

### District Level Karate Championship

STUDENT NAME	CLASS	CATEGORY	POSITION
MEGHNA	II ROSE	20 KG	I
AAGASTYA	III DAISY	30-40 KG	I
AVNEEP	VIII DAISY	50-55 KG	II
AULAKH EKAMJOT SINGH	III JASMINE	35-40 KG	III







Namsvi of class VII Jasmine got **1 position** in Inter range Annual Shooting Competition {SUB SUB YOUTH WOMEN} organised by Ludhiana Shooting Range, Rakh Bagh, Ludhiana



## CAREER COLUMN

### Bachelor of Visual Communication

It is three years Undergraduate Program offered by Mass Communication Colleges in India. The course is designed to train students in the fields of static or active image reproduction. Curriculum of bachelor of Visual Communication course is designed with objective of providing exposure to the transmission of information through various platforms like television, print and digital media along with others.

To get admission into this course, candidate needs to clear 12th board exam from any stream plus he has to appear for entrance exam conducted by respective institute.

Here are some opportunities of employment after Bachelor of Visual Communication:

Film Industry

Web Series

Advertising And Marketing Industry

Visual Design And Production

Digital Photographer

Media Marketing Executive

Graphic Artist

Production Assistant

Advertising Executive

Various colleges that are offering this course are :

Saint Joseph College, Bengaluru

Loyola College, Chennai

DAV College for Women, Amritsar

Arya Institute of Management and Technology, Phagwara

Lovely professional University etc







Nursery Rose-	Beervansh Dilman	UKG Rose-	Anshdeep Krishika Drishti Gurkirat Japnoor Mokshit Prabhpreet Prabhsimar Tejbir	I Rose-	Elwyn Eknoor Garima Bhavya Havisha Madhav
Jasmine-	Reeva Mansirat Shrinnikka Sukhmandeep Vivaan			Jasmine-	Arnav Neerav Madhvik Reyansh Anmol Ishnoor Mankirat Gauransh Rhythm Pihu
Marigold-	Anayea Aradhya Samrajveer	Jasmine- Marigold-	Anmolpreet Aayan Anhad Raghvi Riyom Gurbani Dityaa Divyansh Ankita Alisha Aarav Melvin Abhey	Tulip-	Arnab Arush Madhav Prabhsimran Parul Vian
Tulip-	Abeerjot Nitish Manvi Mishandeep Subhmanjeet		Rehmatpreet Mannat Palvi Sanvi Harbaksh Arpeet Ridhika Joban Earika Piyush Pragati Prizleen Shivansh Abhay Karanbir Madhav Meharansh Jazzleen	Aster-	Avni Ayaan Manseerat Aulakh Gurnoor Ayush Garvit Mankaran Gursirat Navpreet Tamanna Bhavik Gavin Jasraj Aashna Aleena Bhargav Bhavya Harsimrat Sukhpreet
LKG Rose- Marigold-	Abhijot Raizel Ritvik Manya Harmanveer Harshit Punit Mehreen Bisman Navraj Divesh Gurnand Keeran Prabhnoor Riyanshi Anush Avreet Divya Pavitra Ishmeet Veda Vihaan Jatin	Tulip-		Daisy-	
		Aster-		Lily-	
		Daisy-			
		Lily-			
		Daffodil-			





IV Rose-	Aarav Aradhya Gursheen Hamreet Vyom	VI Tulip-	Tanpreet Saanvi Harsh Karman Harshima
Jasmine-	Gurnoor Manseerat Prabhnoor Aryan	Aster-	Joy Om Priyanshi Khushdeep
Marigold-	Gurnoor Ridhaydeep Gurvansh Ekampreet Sarah	Daisy-	Ananya Aviral Raghav Sayam Mananpreet
Tulip-	Prabhjot Pehoo		Jasleen Sukhman
Aster-	Amoljeet Anand Prabhleen	VII Rose-	Prabhroop Arshpreet Rajveer
Daisy-	Anmolpreet Madhav Simrat Laural	Jasmine-	Shivam Angel Geetika Aanya Manya Namsvi
V Rose-	Gurkirat Anshuman Jiyajot Akansha Avneet	Marigold-	Harsh Seeratpreet Ekampreet
Jasmine- Marigold-	Manya Daksh Aditya Harsimrat	Tulip- Aster-	Jaskaran Karanveer Ujjwal Natasha
Tulip-	Disha Jashan Yuvraj Kanika Poorvi Ravleen	IX Jasmine-	Ishiq Jashanjeet Priyanshu
Aster-	Jasmeet Madhav Mankaran Prabal Pragun	IX Marigold- IX Daisy -	Ravleen Daksh Madhav Bhuvanpreet
Daisy-	Harshan Lakshita Manandeep Sanchi Sidharth	IX-Lily-	Isha





# Exploration

Have you seen your mom cry when she is cutting onions? She can't help it .. and it's not because she is sad at the thought of cooking a meal for the family.

Did you know that there are 3 types of tears? Basal tears are always there in our eyes. They keep our eyes from drying out completely. They come into our eyes every time we blink. Reflex tears are produced when the eye gets troubled by an irritant like smoke, dust, gas. They protect the human eye by watering and clean in it. Emotional tears happen when we feel sad or hurt.

Chopped onions produce gas. When this gas reaches her eyes, it gets mixed with water in her eyes and forms sulphuric acid. Sulphuric acid stings and irritates the eyes and causes more tears. So we see the chef's face flooded with tears!



When we chew gum, we tend to breathe through our mouths. The irritant gets dissolved. Only a small amount of gas chemical reaches the lachrymal glands of our eyes. This way, the gland cannot produce tears and we do not cry. Next time, when you help your mum in the kitchen or take ownership of cutting the onions, reward yourself with gum.

## MIND BOGGLER



- 1.What planet will have a fancy engagement party because it has the most rings?
- 2.We are apples that you can buy at the store but you can not eat us, why not?
- 3.What is the smartest insect who also has a terrific vocabulary?
- 4.What number is the loneliest and spends most of its time being single and alone?
- 5.You dress me in December, hang lights and lots of gifts, live under me, what am I?
- 6.You can slice and dice me, peel and chop me, cook me and I might make you cry. What am I?
- 7.What breaks yet never falls, and what falls yet never breaks?

Ans. Key Vol. 18

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